

## Preschool Activity List

### Week 4

Choice Time Activities	Details
Play a Game called "Guess the Animal"	Have Mom or Dad pretend to be an animal--and your child can guess what the animals is. Can your child pretend to be the animal now? Extend your discussion to talk about whether the animal could be a pet or if it lives in a zoo or a wild place.
Go on a Color Hunt	Go on a color hunt inside your house. Count how many items you find of each color. How many different colors were you able to find?
Play "I-Spy" when reading your Favorite Book	While reading your favorite book, find a picture and say, "I spy with my little eye something that is green (for example)." Then ask your child to point to the picture they think you are talking about. If they are able, have your child say the "I spy" part. (You can use other describing words such as "something that is big, something that is hiding, something that is scary, something that is in the sky", etc.)

Physical Play Activities	Details
Dance to the Music	Dance to any music you have available (radio, CD, TV, sing, etc.) Just get moving and have some fun!
Build a Fort	Use pillows and blankets to build a fort. Can you crawl through it. Talk about it--what would be fun things to do in the fort? Could you fit some stuffed animals or toys (cars & trucks) inside it? Count how many pillows you used. Are the pillows soft? What about the blanket?
Jump, Jump, Hop	Practice jumping using both feet. Now hop on one foot--and then hop on the other foot. Can you count while you are jumping and hopping?
Play Catch with a Ball	Practice catching a ball. Can you stand closer and then move a further distance apart when you are catching? How many times can you catch it in a row?
Play Follow the Leader	Let Dad or Mom be the leader first. Jump, hop, skip, crawl, run, sing, etc. and then, have your child copy everything you did. If your child is ready, have them be the leader and you can copy them.

Art & Sensory Play Activities	Details
Make Play dough shapes	Try making some shapes with your play dough. Can you make a circle, triangle, or a square? Are there other shapes you can make? How many of each shape did you make? What color is your playdough? Can you put the shapes together to make something else? Be creative.
Make Collages	Cut pictures from old magazines or newspapers (sale flyers, etc.) using different themes--for example, cut out all red pictures, other colors, shapes, things that begin with a certain letter, etc. and glue to a piece of paper to make a collage. If you don't have old magazines, parents can draw the pictures and have the kids identify them and glue them down. (Kids can draw the pictures if they are ready for that.)
Make a Book	Use paper and markers or crayons to make a book. Work with your child to help them "read" the book when you are finished. Your book can be about anything! Try to choose something your child is familiar with--such as "My Family" or "My Pet" or "My Toys" or even "My House." Keep it with your book collection so your child can read it again!