

Preschool Activity List Week 9

Choice Time Activities	Details
File Folder Cupcake Game	Play with the file folder cupcake game from the supply box to practice counting. Remember, you can modify it and only do numbers 0-5 to start until your child is ready to go all the way to 10.
Explore after Reading Your Book	After reading a favorite book (and pointing to the words), go on an exploration around your house to see how many words you can find in places other than books. (For example, you might see words on the mail that was delivered, the grocery bag, McDonald's bag, cereal box, Kleenex box, etc.)
Pom-poms and Tweezers	Use the pom-poms and tweezers from the supply box to count, sort colors, add, subtract, decide which color is more or less, etc.

Physical Play Activities	Details
Explore the Wind with Leaves	Pile some leaves on a tray or in a container. See if you can toss them up in the air and make them "fly." Can you catch some of them? How many leaves can you count?
Pretend to do some Fall Activities (These can be done inside or outside.)	<ul style="list-style-type: none"> *Act like you are raking leaves. *Pretend to pick apples from the tree. *Pretend to pick up acorns from down on the ground. *Move across the way like a squirrel.
Apple Relay	Place a real (or a paper apple) across the room or yard. Run to get it, pick it up, and bring it back to the starting point. You could use more than one apple--and see how long it takes to bring them all back. Modify the game to suit your child and the number of players that can participate. Be creative!
Play Scarecrow Tag	This is a game you can play like you are playing tag. However, when the person is caught they should "freeze" and stand with their arms and legs out to form a scarecrow shape. Take turns being the tagger.
Roll like a Pumpkin	Find a safe spot (inside or outside) to roll on the ground like a pumpkin. Some children really enjoy this--and benefit from the sensory input this activity provides.

Art & Sensory Play Activities	Details
Torn Paper Tree	Tear some pieces of colored paper that you can use for the various parts of the tree. After gluing down some pieces to for the tree trunk and branches (possibly black or brown), you can add some of the colored pieces to represent the leaves. Put some on both the branches and on the ground so it resembles a fall scene!
Negative Space Fall Tree	Have your child lay one arm down on a large piece of paper with their fingers open and spread apart. Help them paint around their arm with different colors of paint--leaving the area where the arm was lying with no paint. When the arm is lifted, it will resemble a "tree trunk with branches" & colorful leaves around it.
Play Dough Pumpkin Face	Make a face on the play dough pumpkin mat that was sent with your supply packet. How many different faces were you able to make? Does anyone have a real pumpkin at their house? Did you make a face on it! Enjoy!