

Preschool Activity List
Weeks 12 & 13

Choice Time Activities	Details
Count Using Cups of Water	Use a small cup (maybe the paint rinse cup from the supply box). Fill it with water and pour it into a slightly larger cup. Count how many small cups of water it takes to fill the larger cup. Use different containers. Have your child practice the pouring. To avoid a mess, this could be done in the sink or on a tray.
Play "What Does Not Belong?"	Name items such as--red, blue, cat. Ask your child to tell you which one does not belong with the group. If using words is too abstract, find some pictures or real items (such as shoe, shoe, plate). Be sure to name each item as you play to build vocabulary.
Let your child "Read to You!"	Read a favorite book to your child. Then, ask your child to "read" the book to you! To create more interest, try reading the book to a stuffed animal or a pet at home.

Physical Play Activities	Details
Flashlight Letters	Use a flashlight to draw letters on the wall. Use your whole arm to make the letters extra big! Can your child draw all the letters in his/her name?
Walk and Talk (About Feelings)	Take a walk and talk about your feelings. When you see a bird, does it make you feel happy? What do you see that makes you feel scared? Etc. Name other things that you see on your walk. (If the weather is not cooperating, you can take your walk inside!)
Blow Bubbles	Blow some bubbles, and then, chase them and try to pop them. Can you count the bubbles before they touch the ground? Describe the bubbles. Are they big, little, round? Do you see colors in them?
Hula Hoop	If you have a hula hoop--try to teach your child to use it. If a hula hoop is not available, try moving like you are hula dancing. Vary your arms--such as hands on hips, hands above the head, hands out to the sides, etc.
Play Traffic Light	Discuss the colors of the traffic light with your child--and discuss what each color means. (Green means go; Yellow means slow down; Red means stop.) Then, hold up colored paper & play a game with the different colors. When your child sees red, they should stop, if they see green they can go, etc. Have fun!

Art & Sensory Play Activities	Details
Wrap the Leaf	Cut a leaf shape out of cardboard. (A small to medium size leaf works best for small hands.) Using a long piece of yarn, have your child continue wrapping the yarn around the cardboard leaf to give it some "fall" color. Talk about the colors of fall leaves. If you have different colors of yarn, you could use more than one color for the project.
Create a tree	On a large piece of paper, use crayons to draw a tree trunk and some branches. Then, choose how you will make the fall leaves on the tree. You could use watercolors, markers, paint, or chalk. To extend this project, make a 3-D tree using an empty paper towel roll. Cut leaves from paper and glue to the roll!
Practice cutting and where to stop	The adult can cut a piece of construction paper into 4 pieces. Draw a line down the center of each piece & put a sticker, smiley face, or other picture at the end of the line. Have the child cut on the line until they get to the picture and then, STOP. Practice with different lines--straight, curvy, or zig-zag.